

## Curriculum Vitae

Sierra L. Levy N.D., L.Ac.

Licensed Naturopathic Physician, Acupuncturist,  
and  
Energy Psychology and Energy Medicine Practitioner  
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Currently Dr. Levy is in private practice in Maui, HI where she works with individuals, couples, and families either in a typical office setting, by phone, by video conferencing, in intensive retreats, or all of the above. Additionally, she developed and teaches a course in energy medicine, energy psychology, energy sociology and energy ecology entitled Resonance Therapy® and Resonance Healing®: a technique to help a practitioner personalize and attune to the “right-tool” for the “right-person” at the “right-place” and the “right-time” (because not all healing works for everything or everyone all the time).

### **Education:**

Masters in Acupuncture, World Medicine Institute, Honolulu Hawaii, 2007.

Doctor of Naturopathic Medicine, National College of Naturopathic Medicine, Portland Oregon, 1998.

Bachelor of Arts, Antioch College, Yellow Springs Ohio, 1994.

Tubingen University Program, Tubingen, Germany, 1992.

Antioch Education Abroad, “Women’s Studies In Europe”, 1991.

Reed College, Portland Oregon, 1988 – 1990.

### **Licenses and Certifications and Training:**

Acupuncturist; licensed in HI: 2007.

Acupuncture Board Exams: 2007.

Naturopathic Physician; licensed in OR: 1998, licensed in HI: 2003.

National Naturopathic Medical Board Exam: 1998.

Certificate in Natural Childbirth: 1999.

Frequency Specific Microcurrent.

Advanced Electronic Acupuncture.

NLP for HBLU – Neurolinguistic Programming for Healing From the Body Level Up.

Seemorg Matrix 1, 2, Archetypes, and Healing the Wounded Spirit.

Body Talk 1, 2, 3, 4, 6, 7, 9, and Parama.

Allergy Antidotes.

HBLU – Healing from the Body Level Up -- 1, 2, 3, 4, Limiting Identities, and Group Supervision.

BSFF – Be Set Free Fast.

JMT technique.

TAT – Tapas Acupressure Technique.

Sound Psychology.

NET – Neuro-emotional Technique.

Clearing Supernatural Impositions.

Clairvoyant readings.

5 Day and Advanced Energy Medicine Training with Donna Eden.

Forgiveness Training Facilitator in the Hawaiian Islands.

**Experience and Practice:**

Energy Psychology, Sociology, Ecology Practitioner

Primary Health Care Practitioner

Women's Medicine

Pediatrics

Obstetrics: home care and hospital support

Physical Therapy

Auto Accident Care

Workers Compensation Care

Naturopathic Manipulation and Alignment

Newborn Care

Homeopathy

Herbal Therapy

Nutrition and Nutritional Counseling  
Blood work  
Chinese Medicine  
Acupoint Therapy  
Chronic and Acute Pain Management and Care  
Microcurrent Therapy  
Sports Therapy  
Sexual Offense Survivor Advocate and Counselor  
Counseling  
Education Program Creator and Implementor  
Mediator

**Work History:**

Private practice beginning 9/1998.

**Community Outreach and Lectures:**

Resonance Therapy® and Resonance Healing® Seminars: March 2003 to the present.

Association for Comprehensive Energy Psychology (ACEP) 12<sup>th</sup> Annual Energy Psychology Conference (San Diego, CA): Research Poster Board Presentation on Resonance Therapy® (Contributing Author of Presentation).

Keynote and lecture at the 3rd Annual Energy Medicine Conference, "Preventive Medicine: The New Frontier" November 6th & 7th, 2009 in Arizona. Keynote: "A Medical Intuitive Tells All!" and "Preventive Medicine Through Resonance Therapy®"

Association for Comprehensive Energy Psychology (ACEP) 11<sup>th</sup> Annual Energy Psychology Conference Presentation: "Wondering What Feeds the Biofield, Energy Pathways, and Energy Centers? What to Know Before You Treat." May 30, 2009.

Association for Comprehensive Energy Psychology (ACEP) 11<sup>th</sup> Annual Energy Psychology Conference: Resonance Therapy® Workshop, May 29<sup>th</sup> 2009.

Ask the Expert! Teleseminar with Carol Keppler April 9, 2009.

Interview for and in the Japanese Yoga Magazine, 2009.

Forgive for Good Workshop: Resonance Therapy® and Resonance Healing as it Relates to Forgiveness Practices, 2008.

Liah Howard's Mind Body Spirit Radio Show, 2008.

Maui County Fair public presentations 2008.

Hawaii Healing Garden public presentations on Oahu and Maui 2008.

Association for Comprehensive Energy Psychology, Singapore, 2003: 3 day post conference Healing from the Body Level Up workshop.

Association for Comprehensive Energy Psychology, Singapore, 2003: 2 hour breakout presentation on The Biochemistry of Energy Psychology and Natural Biorestoring (written by Judith Swack).

Healing from the Body Level Up Level 1: Assistant at ACEP's AZ conference 2002, and with Judith Swack 2003.

Various Health Fairs and Expos since 1991 to the present.

In Otherwords Health Group Guest and Speaker on Natural Medicine, 2000.

Multnomah County Breast and Cervical Care Program and Health Lectures, 1998 - 2003.

Baby Blues support group, 1999.

Two separate KBOO Radio Health Talks: Women's Health and Migraines, 1999.

Organic Health Market, Portland Oregon, 1999.

Race for the Cure, Portland Oregon, since 1998 - 2002.

Multicultural Health Fair, 1998.

Local Television Show: What is Naturopathic Medicine, 1998.

International Women's Day, Portland Oregon, 1997 - 1999.

### **Publications:**

2010 publication: "Why My Soul Came to Maui: A healing Journey with Resonance Therapy<sup>®</sup>" by Athena Terranobas with Dr. Sierra L. Levy

Resonance Therapy<sup>®</sup>, 200 + page book published for those who take the Resonance Therapy<sup>®</sup>/Resonance Healing<sup>®</sup> classes.

Editor for a soon to be published book entitled: "A Chocoholic's Sacred Journey"

### **Continuing Education Approval:**

Continuing education for my Resonance Therapy<sup>®</sup> class has been granted through both the Oregon Board of Naturopathic Physicians, PDA's from NCCAOM (the National Certification Commission for Acupuncture and Oriental Medicine), and the Oregon National Association of Social Workers. Up to 48 hours/class has been approved for CEU's/PDA's.